

# Garbageless Lunch

## ITEM

## GARBAGELESS ALTERNATIVE

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| <ul style="list-style-type: none"><li>• Plastic Film (plastic wrap, etc.)</li><li>• Microwaveable Packaging</li><li>• Plastic Cutlery</li><li>• Drinking Boxes</li><li>• Pudding Cups or Fruit Cups</li><li>• Yogurt Cups</li><li>• Paper Lunch Bags</li></ul> | <ul style="list-style-type: none"><li>• Reusable plastic containers</li><li>• Insulated flask or reusable plastic containers</li><li>• Steel or stainless utensils</li><li>• Plastic cup with lid</li><li>• Make pudding, buy fruit in bulk, use a reusable plastic container to send child sized portions to school.</li><li>• Buy largest container, send yogurt to school in sealed reusable containers.</li><li>• Replace with reusable fabric lunch bags or lunch pail.</li></ul> |
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